Quantitative EEG for the Cognitive Assessment of Soldiers

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Soldier's Project

- AD/HD & other neuro-cognitive problems can impair a soldier's performance.
- Apply QEEG to improve performance in military training environments.
- 300 military recruits will be tested and analyzed
 - 200 w/Training Difficulties
 - ▶ 100 Controls



QEEG Published Research

"Of all imaging modalities, the greatest body of replicated evidence ...of psychiatric and development disorders has been provided by EEG and QEEG studies."

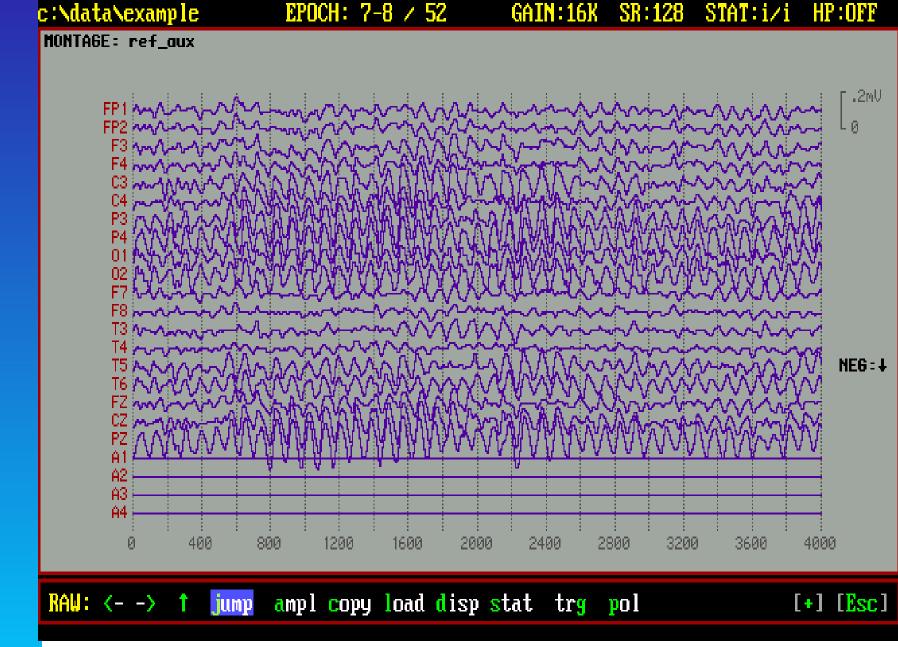
Hughes, J.R., & John, E.R., *Conventional and Quantitative Electroencephalography in Psychiatry*, The Journal of Neuropsychiatry and Clinical Neurosciences, 1999.



Overview

- Electroencephalography (EEG)
- Lexicor's Digital Cortical Scan
- "Soldier's Project"
- Action Items







Electroencephalography (EEG)

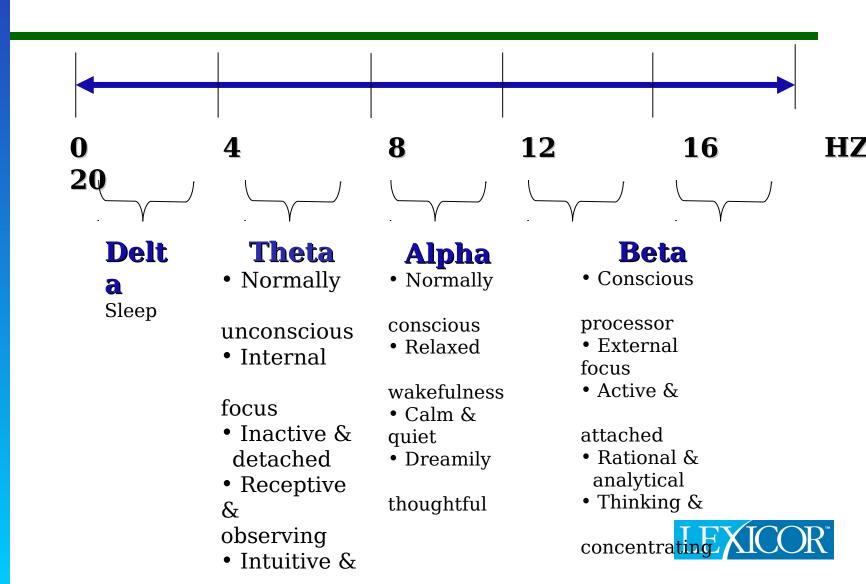
- EEG assesses brain functioning by measuring electrical activity through the surface of the scalp
- Non-invasive, painless, inexpensive

45-min start to finish



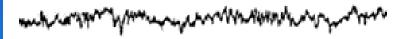


Brainwaves and States of Consciousness



EEG States of Vigilance

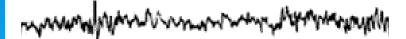
Alertness: beta waves

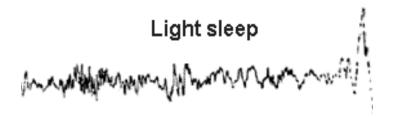


Relaxing: alpha waves

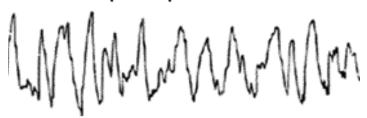


Sleeping: theta waves

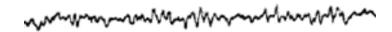




Deep sleep: delta waves

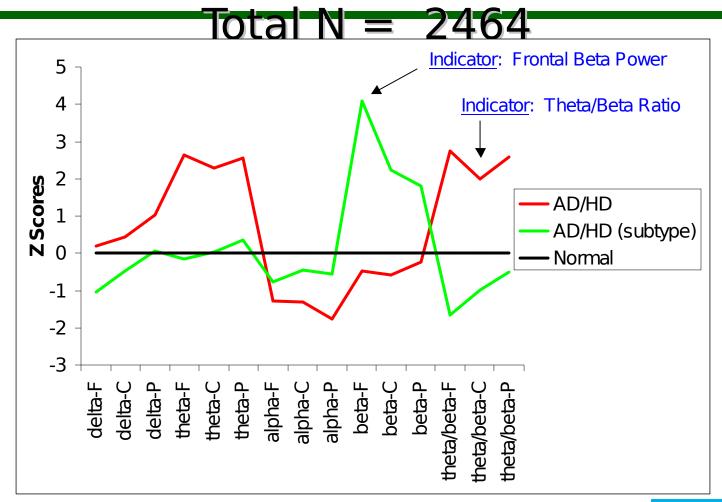


Paradoxical sleep: dreaming (REM)



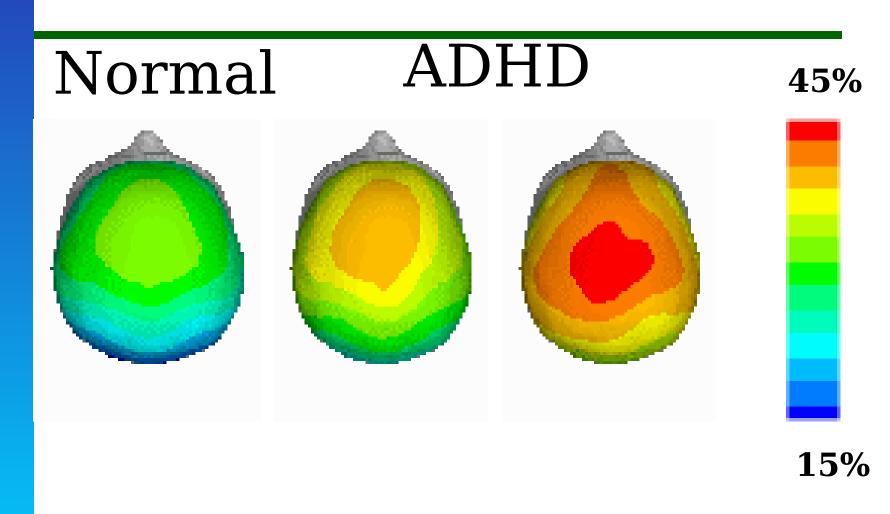


1998–2002: 13 Published Studies





Relative Theta





DataLex AD/HD Indicator Report

A Patentprotected Process



Attention Deficit/ Hyperactivity Disorder (AD/HD) Indicator Report

atient: xxx Neuroassesment By: Referred By:

 Patient ID:
 633
 Carla Hickey, M.A., CCC QEEGT

 Gender:
 male
 Phone: 303-444-1792

Medications: 10me The Neuropath Center 2885 Aurora Avenue Ste. 2

Boulder, Co 80303 Order Number: 1219

PROCEDURES:

The neuronssessment evaluation was performed using the Lexicor NeuroSearch-24 quantitative electroencephalographic (QEEG) data acquisition unit. Lexicor's proprietary DataLex database was used in the analysis of the data.

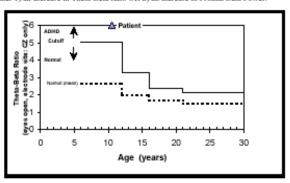
INTERPRETING QEEG DATA FOR AD/HD:

Patients with Inattentive AD/HD typically express an increase in the Theta-Beta ratio. Patients with Combined AD/HD typically express one of two brainwave changes, either 1) an increase in Theta-Beta ratio OR 2) an increase in Frontal Beta Power.

FINDINGS:

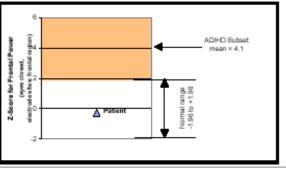
 Theta-Beta Ratio Indicator for: Inattentive AD/HD
 Combined AD/HD

Patient's Theta-Beta Ratio (8.4) is representative of these AD/HD subtypes for their age grouping.



 Frontal Beta Power Indicator for: Combined AD/HD (subset)

Patient's Frontal Beta Power (-0.29) is within the normal range for their age grouping.



DataLex is a patent pending network-based data analysis software program.

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Soldier's Project

- > 200 Trainees experiencing academic difficulties referred to study
- 100 "Normal" Control
- Informed Consent Reviewed and Signed
- Cognitive Performance, Psychometric, & EEG Data collected
- 4 hour assessment session
- Results analyzed and Report Prepared using group data
- Individual results will only be shared with soldier's written permission



Action Items

- ➤ Site Selection 2 Training Centers
- ➤IRB Approval Local TATRC
- ➤ Data Collection
- ➤ Results & Report



Military Applications for QEEG

- ADHD
- MTBI
- Peak Performance
- Substance Abuse
- PTSD
- Learning Disabilities
- Depression
- Executive Dysfunction Decision Making

